



# Twin Valley Community Local Schools

## Middle/High School Breakfast Menu

May 2019

1

**MEAL OF THE DAY:  
Donut Holes**  
1. Assorted Muffins  
2. Assorted Poptarts  
3. Assorted Cereals  
4. Chocolate Oatmeal Breakfast Bars

2

**MEAL OF THE DAY:  
Sausage Biscuit**  
1. Assorted Muffins  
2. Assorted Poptarts  
3. Assorted Cereals  
4. Chocolate Oatmeal Breakfast Bars

3

**MEAL OF THE DAY:  
Mini Waffles w/ Syrup**  
1. Assorted Muffins  
2. Assorted Poptarts  
3. Assorted Cereals  
4. Chocolate Oatmeal Breakfast Bars

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**MEAL OF THE DAY:  
Cinnamon Roll**  
1. Assorted Muffins  
2. Assorted Poptarts  
3. Assorted Cereals  
4. Chocolate Oatmeal Breakfast Bars

7

**MEAL OF THE DAY:  
Cinni Mini**  
1. Assorted Muffins  
2. Assorted Poptarts  
3. Assorted Cereals  
4. Chocolate Oatmeal Breakfast Bars

8

**MEAL OF THE DAY:  
Biscuit and Sausage  
Patty**  
1. Assorted Muffins  
2. Assorted Poptarts  
3. Assorted Cereals  
4. Chocolate Oatmeal Breakfast Bars

9

**MEAL OF THE DAY:  
Cinnamon Cream  
Cheese Bagel**  
1. Assorted Muffins  
2. Assorted Poptarts  
3. Assorted Cereals  
4. Chocolate Oatmeal Breakfast Bars

10

**MEAL OF THE DAY:  
Cinnamon Sugar  
Apple-Filled Churros**  
1. Assorted Muffins  
2. Assorted Poptarts  
3. Assorted Cereals  
4. Chocolate Oatmeal Breakfast Bars

13

**MEAL OF THE DAY:  
French Toast Sticks  
w/ Syrup**  
1. Assorted Muffins  
2. Assorted Poptarts  
3. Assorted Cereals  
4. Chocolate Oatmeal Breakfast Bars

14

**MEAL OF THE DAY:  
Sausage and Egg  
patty**  
1. Assorted Muffins  
2. Assorted Poptarts  
3. Assorted Cereals  
4. Chocolate Oatmeal Breakfast Bars

15

**MEAL OF THE DAY:  
Strawberry Parfait**  
1. Assorted Muffins  
2. Assorted Poptarts  
3. Assorted Cereals  
4. Chocolate Oatmeal Breakfast Bars

16

**MEAL OF THE DAY:  
Pancakes w/ Syrup**  
1. Assorted Muffins  
2. Assorted Poptarts  
3. Assorted Cereals  
4. Chocolate Oatmeal Breakfast Bars

17

**MEAL OF THE DAY:  
Cinni Mini**  
1. Assorted Muffins  
2. Assorted Poptarts  
3. Assorted Cereals  
4. Chocolate Oatmeal Breakfast Bars

20

**MEAL OF THE DAY:  
Country Chicken &  
Egg Biscuit**  
1. Assorted Muffins  
2. Assorted Poptarts  
3. Assorted Cereals  
4. Chocolate Oatmeal Breakfast Bars

21

**MEAL OF THE DAY:  
Cinnamon Sugar  
Donuts Holes**  
1. Assorted Muffins  
2. Assorted Poptarts  
3. Assorted Cereals  
4. Chocolate Oatmeal Breakfast Bars

22

**MEAL OF THE DAY:  
French Toast w/ Syrup**  
1. Assorted Muffins  
2. Assorted Poptarts  
3. Assorted Cereals  
4. Chocolate Oatmeal Breakfast Bars

23

**MEAL OF THE DAY:  
Cinnamon Cream  
Cheese Bagel**  
1. Assorted Muffins  
2. Assorted Poptarts  
3. Assorted Cereals  
4. Chocolate Oatmeal Breakfast Bars

24

**MEAL OF THE DAY:  
Cinni Mini**  
1. Assorted Muffins  
2. Assorted Poptarts  
3. Assorted Cereals  
4. Chocolate Oatmeal Breakfast Bars

27

**Memorial Day  
No School**

28

**MEAL OF THE DAY:  
Cinni Mini**  
1. Assorted Muffins  
2. Assorted Poptarts  
3. Assorted Cereals  
4. Chocolate Oatmeal Breakfast Bars

29

**MEAL OF THE DAY:  
Glazed Donuts**  
1. Assorted Muffins  
2. Assorted Poptarts  
3. Assorted Cereals  
4. Chocolate Oatmeal Breakfast Bars

30

**MEAL OF THE DAY:  
Cinnamon Sugar  
Apple Filled Churros**  
1. Assorted Muffins  
2. Assorted Poptarts  
3. Assorted Cereals  
4. Chocolate Oatmeal Breakfast Bars

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**MEAL OF THE DAY:  
Waffles w/ Syrup**  
1. Assorted Muffins  
2. Assorted Poptarts  
3. Assorted Cereals  
4. Chocolate Oatmeal Breakfast Bars

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**Breakfast full paid- \$2.00 Free/ reduced applications- FREE breakfast!**

Assorted milk, assorted fruit and 100% juice offered daily  
*Menus are subject to change*  
All Entrees Are Whole Grain  
All meals meet the National School Breakfast Program